



Stadium

244 - 270 East Parkway
Lightsview SA 5085

Office

PO Box 204
Greenacres SA 5086

Contact

admin@nabc-rockets.club
secretary@nabc-rockets.club

Codes of Behaviour

The philosophies within our North Adelaide Basketball Club family.

Discipline:

- Players and coaches being punctual to all sessions.
- That is, arriving at least 15 minutes before training and games, or at a time stipulated by the coach.
- If you cannot make this time frame, please have a discussion with your coach. If it's a "one off", please contact your coach or team manager ahead of time so they can plan for this occurrence.
- Players should always make eye contact when the coach is instructing so they can focus in on the teaching points of each activity or game.
- That also means no talking when the coach is talking (BOTH players and coaches), no bouncing balls etc.
- Players to move between drills and drink breaks quickly to enable more 'time on task'.

Respect:

- We all deserve respect.
- Players, coaches, and parents should show respect for one another at trainings and games. We'll be encouraging positive body language and respectful interactions with each other as well as to referees and opponents.
- Members refraining from comments and criticism about other members – whether that be players, coaches or parents. Those conversations aren't helpful, and they aren't showing respect to fellow NABC community members. If there is an issue that is frustrating you, be respectful and go and have an honest conversation directly with the other party. If it's a conversation you need someone to help facilitate, your Div 1 coach or follow the grievance policy steps outlined below.
- If the issue involves a coach, make an appointment to discuss the issue with them around practice time.

Competitiveness:

- Players should always try to do their very best in every training activity or game.



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- High energy, attention to detail, giving maximum effort, and encouragement to others is part of being in a team environment.
- If players or coaches make a mistake, we want an "it's gone" mentality. We don't dwell on the past, we remain present and get on with the next play. - We play every game out until the last siren – no matter what the score is.

Grievance policy:

From time to time, parents and players may want to seek clarity on a matter or would like to discuss a concern. We welcome honest communication between our members and club representatives. We also firmly believe that many issues can be solved at the team level (between the coach and player/parent).

We have implemented a four-step process for members to follow when they would like to resolve an issue which starts by players, parents and coaches having a respectful conversation.

There is no 'jumping the cue' – each step must be followed before escalating a problem to the next stage and we also ask that you wait a minimum of 24 hours after the concern arises before starting this process, unless the matter is of member protection or child protections. This then needs to be done ASAP.

Step 1 - Talk to your coach

- Make a time to chat with your coach to discuss the matter. Times can be made around training sessions. Coaches will not have discussions on game nights.

Step 2 – Talk to your Div 1 coach

- If the matter persists, make a time to see your Div 1 coach.

Step 3 – Talk to JOG (Junior operations group)

- If you haven't been able to resolve the issue, you can escalate it to JOG. Their email is jog@nabc-rockets.club. The JOG group consists of various, experienced, basketball people.

Step 4 – Talk to VP of basketball Rachel Meyer

- If you haven't been able to resolve the issue, you can escalate it to the VP of Basketball, Rachel Meyer, her email is vpbasketball@nabc-rockets.club.