

NORTH ADELAIDE BASKETBALL CLUB

Club Booklet



www.nabc-rockets.club



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**NORTH ADELAIDE
BASKETBALL CLUB**

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NORTH ADELAIDE BASKETBALL CLUB



Founded in 1939, the North Adelaide Basketball Club (NABC) is one of South Australia's most successful and respected basketball organisations. Proudly known as the Rockets, the club has a long and proud history of developing players, coaches, and officials who contribute at local, state, and national levels.

At North Adelaide Basketball Club, we're passionate about creating opportunities for children of all ages and abilities. Starting with our Aussie Hoops and domestic league programs, kids as young as five can experience basketball in a fun, inclusive, and structured environment. As they grow, players can advance into our Junior District competitions, catering for Under 10 through to Under 21 Men's and Under 23 Women's teams – and for many, that journey continues into our elite NBL1 Central Men's and Women's programs.





NORTH ADELAIDE BASKETBALL CLUB



HISTORY

The North Adelaide Basketball Club (Inc.) was originally formed in 1939 as the Panthers Basketball Club. In 1951, the club adopted the name North Adelaide Basketball Club, reflecting its growing identity within the community.

Until 1971, the club shared facilities at the old Bowden Stadium, which has since been demolished. In 1972, North Adelaide moved to the then brand-new Hillcrest Stadium, another important chapter in the club's development, though this facility has also since been demolished.

The North Adelaide Rockets Basketball Club was founded when seven close friends came together to form a single team and play what was then considered a "new sport," primarily as a way to keep fit. They could never have imagined the impact that decision would have over the next 80-plus years, nor the thousands of people who would become involved with the club in one way or another.

The club's name officially changed to "North Adelaide" when the state association introduced a district model, aligning basketball clubs with local district football clubs. Since that time, North Adelaide has built a long and successful history as one of South Australia's leading sporting clubs, earning a reputation as a centre of excellence for junior basketball development.

Over the years, countless juniors wearing the club's traditional red and white have progressed to American colleges, state and national league teams, and, for an elite few, representation of Australia on the Olympic and international stage.

The North Adelaide Rockets have been an integral part of the north-eastern community for several generations. The club has touched the lives of many local families, with former players now enjoying watching their grandchildren take part in the game.

The club's success is reflected in its achievements. The Rockets are recognised as one of the most successful basketball clubs in South Australia and among the top clubs nationally. In 1990, North Adelaide claimed the WNBL National Championship. The club has produced numerous champion players, including Olympians, and has been responsible for 30% of all South Australian juniors who have received full-time AIS scholarships.

One of the club's founders, Merv Harris, also made a significant contribution to Australian basketball as the Australian Women's Coach for several years, further cementing North Adelaide's legacy at both state and national levels.



CLUB STRUCTURE

**Executive
Committee**



**Management
Committee**



**Junior Operations
Group**

Executive Committee:

President - David Durant

Vice President of Basketball - Glenn Shaw

Vice President of Administration - Tom Rowe

Treasurer - Steve Varna

Secretary - Toni Coll

Management Committee:

The Management Committee is elected by Club Members at the Annual General Meeting (AGM). Committee members are elected for a two-year term, with half of the Committee elected each year to ensure continuity. The Management Committee is responsible for the overall management and governance of the Club.

Junior Operations Group:

The Junior Operations Group is responsible to the Management Committee for the overall operation of the North Adelaide Basketball Club Junior Program.

The Group is convened by the Vice President – Basketball. Membership of the Group includes coaches and senior basketball personnel, who are appointed by the Management Committee.



NORTH ADELAIDE BASKETBALL CLUB

Coaches:

All coaching roles within the Club are undertaken by volunteers. The majority of Division 1 coaches hold formal coaching qualifications, and all coaches are highly experienced.

Division 1 coaches are expected to take an active interest in all teams within their age group, contributing to player development across the entire program.

Basketball SA (BSA) offers a range of coaching courses at various levels. All coaches are encouraged to obtain formal qualifications through the Club or the Basketball SA accreditation scheme. Many North Adelaide coaches are involved in advanced coaching pathways, including State programs. The Club subsidises training costs for coaches who undertake this education.

The Club requires approximately 60 coaches to deliver its full basketball program. Without the commitment and dedication of these volunteers, the North Adelaide Basketball Club could not operate.

All coaches will be provided with a NABC polo top, coach's bag, and basketball.

Team Managers:

Team Managers are an essential part of every team, and each team is required to have one. Team Managers provide vital organisational and administrative support, enabling coaches and players to focus on performance and development. The club will provide the team manager with a polo shirt and first aid kit for their team.





CODES OF BEHAVIOUR



The North Adelaide Basketball Club (NABC) maintains a strong commitment to respect, fairness, and integrity. The Club will not tolerate any inappropriate behaviour by any person associated with the Club, including coaches, players, or spectators.

We adhere to the policies provided by Basketball SA (BSA). Any person who breaches the accepted Codes of Behaviour may be called before the Management Committee, and transgressions may result in suspensions or bans.

Players

- **Play by the rules.** Always respect the game and follow official regulations.
- **Respect officials.** Never argue with referees or officials. If you disagree with a call, have your coach address it during a break or after the game.
- **Behaviour.** Verbal abuse of officials or other players, or deliberately distracting or provoking an opponent, is unacceptable.
- **Work hard for yourself and your team.** A strong team performance benefits everyone, including you.
- **Be a good sport.** Applaud all good plays, whether made by your team or the opposition.
- **Treat all players with respect.** Do not interfere with, bully, or take unfair advantage of another player.
- **Cooperate.** Work with your coach, teammates, and opponents – without them, there would be no competition.
- **Play for enjoyment.** Participate for the love of the game, not solely to please parents or coaches.



NORTH ADELAIDE BASKETBALL CLUB

Coaches:

- **Prioritise enjoyment.** Remember that children participate for pleasure and that winning is only part of the fun.
- **Be positive.** Never ridicule or yell at a child for making a mistake or losing.
- **Be reasonable.** Consider young players' time, energy, and enthusiasm when planning training and competitions.
- **Teach the rules.** Help players understand and follow the rules of the game.
- **Promote fairness.** Whenever possible, group players to ensure everyone has a reasonable chance of success. Avoid overplaying talented players; those with average skills need and deserve appropriate opportunities.
- **Ensure safety.** Make sure equipment and facilities meet safety standards and are appropriate to the age and abilities of the players.
- **Use age-appropriate training.** Ensure all training and fitness drills suit the players' age and developmental level.
- **Promote respect.** Develop team respect for the ability of opponents, and for the judgment of officials and opposing coaches.
- **Follow professional advice.** Only allow injured players to return to training or competition with approval from medical professionals.
- **Maintain professional boundaries.** Stay within accepted guidelines in your relationships with players and their parents.

Spectators:

- **Prioritise enjoyment.** Remember that children play sport for their enjoyment, not yours.
- **Applaud effort.** Celebrate good performance and effort from both teams. Congratulate all participants regardless of the game's outcome.
- **Respect officials.** Support and respect referees' decisions, and teach children to do the same.
- **Be positive.** Never ridicule or yell at a child for making a mistake or losing a game.
- **Condemn violence.** Reject the use of violence in any form, whether by spectators, coaches, officials, or players.
- **Respect opponents.** Show respect for your team's opposition; without them, there would be no game.
- **Encourage fair play.** Support players in following the rules and the decisions of officials.
- **Maintain appropriate behaviour.** Do not use foul language or harass players, coaches, officials, or other spectators.



SAFETY OF CHILDREN

All coaches must hold a valid **Working With Children Check (WWCC)** and have completed training on appropriate behaviour and working with children. Soon, team managers will also be required to obtain a WWCC, which is provided free of charge and can also be used for personal purposes.

To further support child safety, our club has a **Member Protection Information Officer (MPIO)** and a **Child Protection Officer**. In addition, many parents attending games and training sessions are mandatory reporters in their professions—such as nurses, teachers, and police officers—providing an extra layer of protection for our children.

We also have clear protocols in place to ensure transparency in all interactions between coaches and players. These include:

- Coaches are never alone with players, including in change rooms. A team manager must always be present in such situations.
- Pre-game and post-game discussions should take place in open, visible areas.
- Social interactions outside the sport are discouraged, and coaches are prohibited from directly engaging with players on social media.





COMPETITION

North Adelaide Basketball Club participates in the Basketball South Australia (BSA) District League competitions. We nominate teams across all levels, including:

- **Junior League:** Under 10s through to Under 18s, for boys and girls
- **Youth League:** Under 21 Men and Under 23 Women
- **Senior Teams:** Men and Women's

These competitions are played at stadia across metropolitan Adelaide and at Mt Barker. The season runs year-round and is divided into two parts: Grading (Oct - Dec) and championship (Feb - Sept).

District League Trials:

Club trials are held in late July to early August in preparation for the upcoming grading and championship seasons. These trials help coaches determine player placement across the various age groups and are conducted under the guidance of the Junior Operations Group. Information regarding trials will be published to the club's social media platforms.

Training:

All District League teams train twice a week: a mid-week session and a Sunday session.

All players are expected to attend every training session organised by the coaches. We understand that children and families may have other commitments from time to time. In these cases, we ask that the coach is informed so we can ensure all players are safe.

Training rosters are available on the Club's social media platforms, including the Stack Team App and Facebook.



NBL1 CENTRAL

NBL1 Central:

Women's Team

The North Adelaide Rockets Women's team has long been a dominant force in South Australian basketball, beginning with their first championship in 1961. Between 1961 and 1991, the Rockets secured 15 State League titles, establishing one of the most successful eras in the competition's history. Their legacy continued with further premierships in 1994, 1998, 2004 and 2014, before adding an unbeaten 20-0 season in 2018 winning the Premier League championship. In total, the Rockets women have amassed 20 championships across State League and Premier League eras, cementing their status as one of the state's most consistently elite and enduring basketball programs.

Men's Team

The North Adelaide Rockets men's program boasts a storied legacy of success, earning premier honours across the SA State League and NBL1 Central with championships in 1957, 1958, 1959, 1983, 2007 and 2021. Since adopting the North Adelaide name in 1957, the Rockets immediately stamped their authority on South Australian basketball with three consecutive titles from 1957 to 1959. Further premierships in 1983 and 2007 highlighted the club's sustained excellence across multiple eras, while their 2021 NBL1 Central championship reaffirmed the Rockets' position as one of the state's most accomplished and lasting men's basketball programs.



**NORTH ADELAIDE
BASKETBALL CLUB**

NORTH CITY STARS

North City Stars is a domestic junior basketball club located at The Lights Community & Sports Centre. As part of the Adelaide Junior Basketball League (**AJBL**), we provide opportunities for boys and girls from Under 8 through to Under 18 to learn, play, and enjoy the game of basketball in a supportive environment.

Who Can Join

We welcome players of all skill levels, including:

- Beginners wanting to try basketball
- Developing players looking to improve
- Those looking for a fun, social and active team environment

Our Focus

- Developing fundamental basketball skills
- Encouraging teamwork and sportsmanship
- Creating a fun and inclusive space for all players
- Building confidence both on and off the court

What's Included

- Weekly games throughout the school terms
- Regular training sessions

For more information please email
northcitystars@nabc-rockets.club





NORTH ADELAIDE BASKETBALL CLUB

FEES

North Adelaide Basketball Club Fees:

The Club charges a playing subscription for each season. These fees help cover the costs of running the Club, with the largest expense being the provision of two training sessions per team each week at various venues.

Players will receive an invoice for subscriptions early in each season and are expected to pay by the due date. Any player who is unfinancial will not be permitted to play until their subscription is paid.

For families experiencing financial hardship, payment plans can be arranged through Pinch Payments. Additionally, Government Sports Vouchers may be used towards fees.

Club Membership Fee:

Club Membership is available to any person over the age of 18. Members have the right to vote at the AGM and to stand for positions on the Management Committee.

To become a Club Member, an Application for Membership form (available online) must be completed and submitted to the Secretary along with payment of the membership fee. Only financial Members have the right to vote at the AGM and to stand for Committee positions.

- All financial senior players over the age of 18 are automatically Club Members.
- All coaches over the age of 18 are also automatically Club Members.

Basketball SA Fees:

- Basketball Connect Registration Fee (yearly) - \$65
- Game Day Payments (weekly) - \$16



CLEARANCES

Any player requesting a clearance to play for another Club must be debt-free to the North Adelaide Basketball Club and pay an administration fee for the clearance to be processed.

- Clearance Fee - \$50
- Clearance Fee (completed questionnaire) - \$25

Players must email admin@nabc-rockets.club to request a clearance to another club. The email should include the acceptance letter from the club they wish to play for. Players can only be cleared during the Clearance Window.

Players wishing to join the Rockets who have previously played for another Club in the BSA competition, or any other competition sanctioned by Basketball Australia (excluding social grades) must obtain a clearance from their previous Club before they can play for North Adelaide.

It is the player's responsibility to organise any required clearances. All outstanding debts to the Club must be fully paid before a clearance is granted.

*For more information regarding clearances, please see
www.basketballsa.com.au*



UNIFORMS

All players are required to wear the full and correct uniform, which includes:

- Playing singlet
- Playing shorts
- Reversible training top

Playing numbers are allocated only by the Club Administrator (admin@nabc-rockets.club) and remain with the player for their lifetime at the Club.

Uniform items are available for purchase from Sports Centre (Port Road).

All NABC players are expected to enter the stadium in Club uniform when attending games.

Carnival Attire:

- Team tops organised for carnivals or special events are not considered official Club uniform and cannot be worn as an alternative to the official NABC uniform.
- The Club requires that all NABC players are dressed uniformly at games and events.
- Rockets uniforms may only be worn in official BSA-sanctioned competitions.
- All Rockets uniforms, logos, and other clothing are copyrighted and must only be purchased through authorised suppliers.





**NORTH ADELAIDE
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FUNDRAISING

The Club undertakes two types of fundraising:

1. **Club Fundraising** – These activities raise funds across the entire Club and benefit all Club Members. Examples include social events such as Quiz Nights, large raffles, and chocolate drives.
2. **Team Fundraising** – These activities are organised by individual teams to help offset expenses, such as travel to interstate carnivals.

All team fundraising activities must be authorised by the Convener-Special Events to ensure they comply with the Club's guidelines and do not clash with other team activities.

Fundraising guidelines can be found at www.nabc-rockets.club

SPONSORSHIP

Sponsoring the North Adelaide Basketball Club gives your organisation prominent local visibility, direct access to engaged and loyal sporting families, and brand exposure through NBL1 national coverage. Beyond marketing benefits, you'll play a vital role in supporting youth development, promoting community wellbeing, and partnering with one of South Australia's most historic and successful basketball clubs.

The club offers a variety of sponsorship options, including opportunities to sponsor teams, players, and coaches.

For more information and to view the full sponsorship packages, visit www.nabc-rockets.club

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