



# LYNDHURST FOOTBALL & NETBALL CLUB DRUG AND ALCOHOL POLICY STATEMENT

The Lyndhurst Football Netball Club is committed to providing a safe, healthy, family-friendly, and successful sport environment. All members of the Club have a responsibility to ensure that they take reasonable care to protect their own health and safety and that of others while in this environment by not being affected by alcohol or other drugs to the extent that it impacts their recreational enjoyment or safety.

## Definitions

For the purpose of this Policy, the Lyndhurst Football Netball Club defines the following key points below:

- “Alcohol” refers to any beverage containing alcoholic content that temporarily impairs a person’s physical or mental capacity.
- “Drugs” refer to a chemical substance, whether legal or illegal, which may have the ability to impair a person’s physical or mental capacity. These can include non-prescribed drugs such as speed, heroin, amphetamines, LSD, crack, cocaine, ecstasy, marijuana, etc.
- “Member” refers to any playing or social member associated with the Lyndhurst Football Netball Club, whether financial (fee-paying) or not.
- “Club function” refers to any social function or event advertised or organised through club media, electronically or physically.

## ILLEGAL DRUGS AND THEIR EFFECTS

The effects of intoxication and regular use of alcohol or other drugs are associated with impaired judgment and skills, reduced concentration, erratic behaviour, aggression and violence, absenteeism, and increased accidents. These behaviours and activities may seriously affect member safety and ethical standards within the Lyndhurst Football Netball Club.

## PROCEDURES

1. Members are prohibited from selling, distributing, manufacturing, possessing, or consuming drugs on the premises of the Lyndhurst Football Netball Club or at any club function. Alcohol will not be consumed by a player while engaged in a game.
2. Playing members are prohibited from arriving at a match or returning to a match from any break under the influence of alcohol or other drugs.
3. The club reserves the right to act if a member is:
  - affected by alcohol or other drugs to endanger their safety or the safety of others during a match or social club function
  - found in possession of drugs or unauthorised drug use equipment on the club premises
  - affected by alcohol or other drugs to the extent that their performance is affected
  - known to be acknowledging significant use or involvement in the production of illegal drugs or alcohol via friendship groups, social media, playing groups, or family.
4. Actions that may be taken by the club include, but are not limited to:
  - immediate approach to the member to discuss the issue and its implications

- suspension of the player/member from matches or club functions where appropriate until the matter is resolved to the satisfaction of the committee and coaching staff
- removal of the member from club functions if they pose a risk to themselves or others
- immediate contact with emergency services if there is suspicion of a drug overdose at any club function
- internal counselling of the player regarding their use of alcohol or drugs
- referral of the player to appropriate organisations to address the misuse or abuse of illicit substances.

5. The Lyndhurst Football Netball Club reserves the right to search its premises for illicit drugs and confiscate the substance in question.

## **MEDICALLY PRESCRIBED DRUGS**

If a member is taking medically prescribed drugs that may interfere with their playing performance, they are required to notify their coach. The coach, in consultation with the player, may make adjustments to the match requirements of the player concerned.

## **CLUB FUNCTIONS**

After-match and weekend functions organised by the football club may involve the consumption of alcohol. It is expected that club members consume alcohol responsibly at these times. The use of drugs at these functions is prohibited by the club. Action will be taken if drugs are being consumed at these times, as described above.

## **DRIVING UNDER THE INFLUENCE**

Members of the Lyndhurst Football Netball Club are not permitted to drive a vehicle whilst exceeding .05, whether their own or not, when they have consumed alcohol or other drugs. The club will accept no liability for any damage or injury incurred while a member is in breach of this rule. All liabilities will rest with the driver concerned.

## **RESOURCES**

- Alcohol & Drug Information Service (24-hour information and counselling) Tel: 1800 888 236
- Emergency Services: Call 000 for ambulance or police attendance in an emergency
- Police: Call 131444 for police attendance (not an emergency)

Also refer to:

- Parent and Spectator Code of Conduct
- Player and Officials Code of Conduct